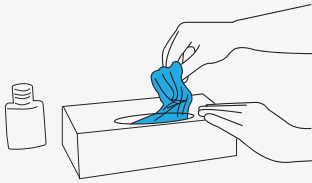
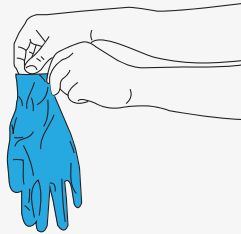


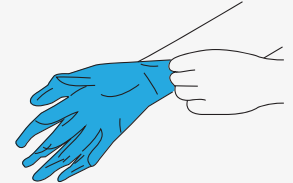
### How to Don Examination Gloves



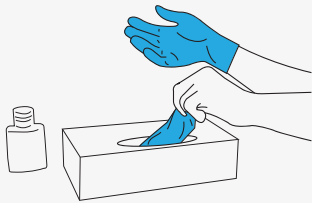
- 1 Once hand hygiene is performed, take the first glove



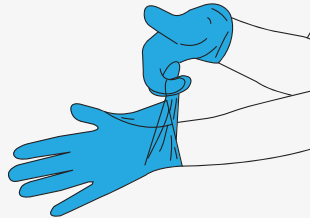
- 2 While holding the top edge of the cuff, carefully insert hand into the glove



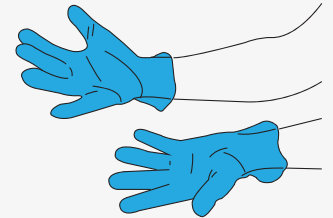
- 3 Don the glove



- 4 Remove second glove from packaging

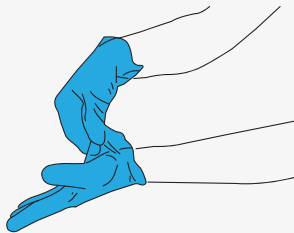


- 5 Using the folded fingers of the gloved hand to gently ease your other hand into the glove

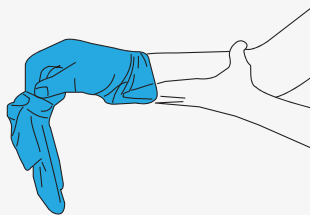


- 6 Your gloved hands are now ready for use

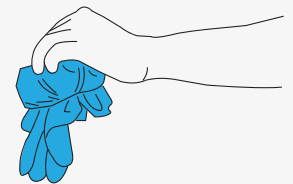
### How to Doff Examination Gloves



- 1 Grasp outside of glove with opposite gloved hand and peel off



- 2 Hold removed glove in gloved hand and slide fingers of hand under remaining glove at wrist



- 3 Peel glove off over first glove and dispose thoughtfully, followed by hand hygiene

### When Should Gloves be Changed?<sup>1</sup>

- ✔ If the patient touches mobile equipment that is then moved to other rooms
- ✔ When caring for a single patient
- ✔ Between episodes of caring for multiple patients

1. NHMRC (2010) Australian Guidelines for the Prevention and Control of Infection in Healthcare. Commonwealth of Australia

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